Healthcare Cards

The following Makaton Symbols and Signs have been selected to use as a prompt. The symbol and sign will be printed back to back; they should then be laminated and then attached to a ring for quick reference.

- Nurse
- Ill
- Doctor
- Tablet
- Pain
- Medicine
Ill

Nurse

Index finger draws very small circle on palm

With index finger and thumb, mime taking pulse

Tablet

Doctor

Stir medicine: little finger makes circular movement just inside the top of non-dominant fist

Position hand at sight of pain and shake hand

Medicine

Pain
To Eat (1)

Tap lips twice with emphasis

Yes

Bend wrist

To Drink

Emphasise movement - tilt head backwards slightly

No

Toilet (1)

Middle finger makes small discreet movement

Good (1)

Use both hands for "Very Good"
My name is... (finger spell initial first letter of your name)

I am a Nurse

I am a Doctor

Are you in pain?

Where does it hurt?

Can I help you?

Please lie down

You can go home now, goodbye.